

# Sunburned Skin 2 step Fixes

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### Itchiness from Sunburn

Apply

[Nourishing Hydration](#) over affected area

Layer

with [CBD+Arnica Soothing Balm](#)

### Sunburn Relief

Spray affected area with [Barrier Relief Mist](#)

Layer with [Soothe + Nourish Balm](#)

### Sunburn Recovery Masque

Blend

3 drops [Barrier Soothing Serum](#)

Layer [Detoxifying 3n1 Hydration Masque](#)

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